 **news**

# Investigates

**David Common** for CBC News



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# Halifax metro

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High 5°C/Low -2°C Showers, then sun



## 'THE BIGGEST HEART'

Family speaks of loss  
after death of young Sackville  
man in weekend car crash  
**metroNEWS**

Nicole Murphy holds a photo of her brother Adam Murphy on Wednesday.  
JEFF HARPER/METRO



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**POLICE**

## Employee, customer halt alleged robber

**Dylan DesRoche**  
For Metro | Halifax

A 26-year-old woman has been charged after a Halifax gas station cashier and a customer managed to take a knife away from an alleged would-be robber.

According to a release, Halifax Regional Police were called to the Esso gas station on Dutch Village Road just before 7 a.m. Wednesday after cops say a woman at-

tempted to rob the store with a knife.

The cashier and a customer intervened, took the weapon away from the woman, and held her until police arrived.

Despite the positive outcome, police still aren't encouraging people to get involved if they happen to stumble on a robbery.

"We don't recommend people getting involved in an incident like this," said spokeswoman Const. Dianne Woodworth, on if the department encourages what happened at the gas station.

"In the heat of the moment these people felt this was the right course of action, we aren't going to say anything negative about that."

Woodworth also provided a harsh reminder that situations like this are life and death, and should be treated as such.

"Property can be replaced, but people can't," she said.

**+ CHARGES**

Police say Stephanie Kathryn Larden, 26, of Halifax has been charged with attempted robbery. She was scheduled to appear in court on Wednesday.

**HALIFAX EXPLOSION**

## Residents asked for input on emblem

**Haley Ryan**  
Metro | Halifax

The municipality is asking residents to help design an emblem to commemorate the 100th anniversary of the Halifax Explosion.

On Wednesday, the municipality sent out a release asking what the Explosion means to locals, as they are working with the Halifax Explosion 100th Anniversary Advisory Committee to plan initiatives to mark the upcoming milestone on Dec. 6, 2017.

Residents are invited to fill

out an online survey about what the Halifax Explosion means to them, and is available at [halifax.ca/halifaxexplosion](http://halifax.ca/halifaxexplosion) until 4:30 p.m. on March 29.

The survey will ask questions such as what words and feelings do you associate with the Halifax Explosion? In one sentence, what should be top-of-mind for all of us when commemorating the 100th anniversary of the Halifax Explosion? Are there lessons from the local, national and international response to the Explosion that are still meaningful today, and have influenced the kind of community we've become?

**IN BRIEF**

**Former MLA named to top job with provincial NDP**

The NDP in Nova Scotia has named a new chief of staff. Jim Morton is a former social worker and MLA who was elected to represent Kings North in 2009. He lost the seat in 2013.

Morton was chairman of the campaign team for newly elected NDP.

THE CANADIAN PRESS

**Woman hospitalized after car slides onto property**

A woman was taken to hospital following a single-vehicle accident early Wednesday afternoon. Amherst Police, firefighters and EHS responded to a home on Willow Street. Road conditions at the time were icy, but the cause of the accident has yet to be determined. TC MEDIA



The Nova Centre glass nears completion on the Argyle Street tower. The city and the province both plan to contribute \$2.5 million each in additional funding to finish building upgrades, while the developer will cover \$5 million. JEFF HARPER/METRO

# Convention centre price tag increases

**DEVELOPMENT**

## City, province to split \$10M tech upgrade with developer

**Zane Woodford**  
Metro | Halifax

The cost of the new Halifax Convention Centre has gone up.

The province announced Wednesday that it had finalized its 25-year agreement with Argyle Developments for the design, construction and lease of the convention centre portion of the Nova Centre — and the developer needs more money for technology upgrades.

The \$10 million upgrades include LED lighting, a card access system, and IT and audio-visual systems. The developer will handle half of that cost, leaving the province and the municipality to split the other half.

"We are cost sharing that additional \$5 million with the province, so it would be an additional \$2.5 million from the municipality amortized over that 25 year period," spokesperson Jennifer Stairs said Wednesday.

The full cost to government of the Nova Centre is now \$164.2 million, with the federal government forking over \$51.4 million, leaving \$112.8 split between the province and the municipality, to be paid over 25 years.

The municipality has to start making those payments on the building's "substantial completion date," but as Argyle Develop-



Hal-Con participants attend last year's convention at the World Trade and Convention Centre. JEFF HARPER/METRO

ments' Joe Ramia told Metro on Tuesday, that date, nor the January 2017 opening date, has been finalized.

Regardless, the city won't pay until it's done.

"There are certain things that we need to know are in place," Stairs said. "None of our money will flow before that point."

The new agreement also triggers the sale of the old World Trade and Convention Centre building, located on Argyle Street across from city hall.

The municipality now has 90 days to tell the province whether it wants to buy that building at its 2012 appraised price of \$13.5 million.

**WEATHER**

## Storm forecast calls for snow, freezing rain

Forecasters are keeping an eye on a weather system that could bring lots of snow to Halifax late Thursday.

On Wednesday morning, Environment Canada issued a spe-

cial weather statement affecting the central and southern parts of the province.

The low pressure system will pass south of Nova Scotia on Thursday before moving off

Friday, the statement said, but at the moment there is "considerable uncertainty" in the track of the storm.

It is likely the storm will only have a moderate impact on ex-

treme southwestern Nova Scotia, but should it veer slightly further north that could bring significant snow and freezing rain beginning Thursday night and early Friday. METRO



# A guide to passenger screening

SECURITY

## Border Services gives media a behind the scenes look



**Zane Woodford**  
Metro | Halifax

Ahead of a busy season at the Halifax Stanfield International Airport, the Canadian Border Services Agency invited the media behind the scenes Wednesday for a look at how its officers — human and canine — screen who and what comes into Canada.

The CBSA started by showing off its new Nexus terminals. Nexus cards were made available a few years ago to speed up the process for low-risk travellers between the U.S. and Canada. Now, there are automated terminals at the airport designed to make the process even speedier.

Unfortunately, several attempts by CBSA staff to make the terminals work Wednesday were unsuccessful.

"They usually do work, flawlessly," said CBSA chief of operations Colin Murchison, the tour guide for the day.

Fortunately, Murchison said his team doesn't rely completely on technology.

"As good as our technology is, our technology can't think on its own," he said. "These officers are trained in investigative techniques, in examination techniques, they're trained to detect verbal and non-verbal cues, examine documentation, and putting all that together, they make a decision."

About 7,200 of those officers across the country screen about 100 million travellers and 14 million commercial



**“You bring him out and he does his own thing, y’know? He knows what to do.”**  
Roscoe's handler, Brian Devanney

The Canada Border Services Agency officer Brian Devanney, rewards his partner Roscoe for finding food in some luggage at the Halifax Stanfield International Airport on Wednesday. JEFF HARPER/METRO

shipments every year.

But they're not all people. Roscoe, a nine-and-a-half-year-old beagle, does some screening of his own.

He's trained to search out food and plants that CBSA doesn't want to make their way into the country.

After nearly seven years of sniffing, he's set to retire at the end of the month.

"His face is starting to show, but his work ethic is great," said Roscoe's handler, CBSA officer Brian Devanney. "He still just goes 100 miles an hour."

Roscoe doesn't search out drugs, though. His human colleagues take care of that in Halifax.

Last month, they found al-

### + BANNED ITEMS

Things you can't bring into the country:

- Foreign animals, plants and food
- Weapons
- E-cigarette juice

most five kilograms of heroin hidden in the false bottom of a suitcase.

"Through some great work by our officers here in the secondary area, and the use of our detection tools, we were able to find that well-concealed package of narcotics, and keep a large quantity of that drug off our streets," said Murchison.



Canada Border Services Agency staff demonstrate bag searching procedures at the airport. JEFF HARPER/METRO

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# 'You couldn't ... not love him'

## SACKVILLE CRASH

**Family of man discuss how much he loved people, trucks**



**Haley Ryan**  
Metro | Halifax

Her voice was steady, but Nicole Murphy's hands shook as she looked through photos of her brother Adam.

Adam as a young boy grinning in pyjamas. Adam with his arms around friends. Adam next to Nicole and their father, having picked the annual "perfect" Christmas tree.

"He was so special, and he just had the biggest heart and the best smile," Murphy said, seated in her aunt's Hammonds Plains home Wednesday afternoon.

"You couldn't meet Adam and not love him."

Adam Murphy of Middle Sackville, 21, died last Sunday after a head-on vehicle collision on Sackville Drive. A roadside memorial of flowers and notes has since sprung up at the site.

Murphy lives in Alberta and said she was driving back from a trip to Jasper with her two-year-old daughter, Brooklyn, when she got a call from her dad and message from her aunt.

**“He genuinely cared about everyone.”** Nicole Murphy



**Adam Murphy's beloved Chevrolet S10 Xtreme truck**, given to him by his father when he turned 16, will be brought to Adam's funeral on Friday. CONTRIBUTED

Her father, Ken Murphy, didn't want to tell her anything since she was on the road, which is when Murphy said she "just knew."

After hearing the news, Murphy said, she stopped in Edmonton to board the next flight rather than continuing home to get other clothes and luggage.

"I just had to be here," Murphy said as Brooklyn ran into the room, climbing up on the couch to get a hug from her mom.

Knowing that Brooklyn will

grow up without Adam is one of the hardest things to deal with, Murphy said, since the pair had such a special bond. Brooklyn gravitated toward him right away, even when she didn't like being around other men, Murphy said.

Although Adam played many sports growing up, including soccer at the provincial level, Murphy said he was a naturally talented baseball player and her biggest supporter who attended all her own events.

When Murphy tried out for the Canada Games women's baseball team, she remembers Adam stood behind the backstop and said, "hit me a home run sis," and I did."

"I came across home plate and he met me at the fence, and we did our high-fives," Murphy said with tears in her eyes.

"I still think of him as my baby brother, [although] he towered over me ... he always made sure I was taken care of."

Adam's thoughtfulness and concern for others always shone through in Murphy's memories, she said, and in the stories friends and family have been sharing over the RIP Adam Murphy Facebook page.

Anyone who knew Adam also knew about his beloved Chevrolet S10 Xtreme truck, Murphy said with a smile, given to him by his father



**Adam holds his niece Brooklyn.** CONTRIBUTED

when he turned 16.

Ken stood at the window looking over photos of Adams truck over the years, updated with new bodywork, detailing and coats of paint he'd do with his friends before taking the truck to car shows.

The truck made its way home to Ken's house on Wednesday, he said, until they bring it to Adam's funeral on Friday for his friends from the

car club he loved so much to take a look at.

"Maybe me and his mother and his sister ... will take him down Sackville Drive," Ken said quietly about taking Adam's urn in the truck.

Ken added that he and Adam's friends have big plans to get the truck exactly the way "Adam wanted it," hopefully in time for the Atlantic Nationals show in Moncton this June.

## MEMORIAL

# Messages of love, support stream in for Adam Murphy

The messages of support and memories from those Adam Murphy touched have been overwhelming in the best way, his sister said.

Nicole Murphy said although her own family knew how amazing Adam was, it was eye-opening to see a memorial page for him grow to more than 900 in less than a week and get calls from people she didn't know offering condolences.

My father, myself, we're up all night scrolling through it just watching the videos and listening to the songs and the tributes over and over," Murphy said.

A few of Adam's former teachers also wrote on the

## + SERVICE DETAILS

**Visitation** will be held from noon until the time of the memorial service at 2 p.m. Friday at Saint John Vianney Roman Catholic Church in Lower Sackville.

**Interment** will follow in Gate of Heaven Cemetery, Lower Sackville.

**In lieu of flowers**, donations may be made to Boys & Girls Club of Sackville.

out and clear off their car if it snowed during the day, and many remembering him as a great athlete or someone who always had a kind word.

"It's not making it better but it makes us feel good," Murphy said.

"We knew he was loved by us, but we didn't know the extent of how much he was loved by everyone else."

The East Coast Low Life car club and 902Productions are planning a fundraiser for Adam's family.

Others are selling decals and stickers, featuring his signature Chevrolet truck and its 'Chillin' like a villain' slogan.

HALEY RYAN/METRO

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**FANFIT EVENT CHALLENGES OLYMPIC FANS** Halifax Stanfield International Airport employee Matt McDonald tries his hand at the vertical jump during a FANFIT demonstration at the airport on Wednesday. FANFIT is a fitness and fundraising event where participants take on challenging exercises alongside top regional and national Olympic and aspiring Olympic athletes. FANFIT will take place on March 26 at the Canada Games Centre. **JEFF HARPER/METRO**

# Residents angered by cut trail access

## BARNEY'S BEACH

### New landowner not allowing access to shore

A tranquil Nova Scotia beach has become the scene of a dispute between an heiress to the McCain dynasty, who wants trespassers off her property, and locals who question why they can no longer use a path to a shore they've strolled for many years.

Local resident Joshua Bishop says Eleanor McCain, a recording artist who has built a home near the beach on St. Margaret's Bay, should allow locals to continue to use the trail that runs through forested land to Barney's Beach, which is public property to the high-water mark.

"I find it kind of spiteful that when it became clear the neighbouring property was the way to get there, she purchased it and blocked everyone," said the 27-year-old insulation installer on Wednesday.

Without the trail, residents must either walk 30 minutes along the shoreline to reach the beach or seek permission

from another neighbour to cross their land.

McCain bought the property last year and the daughter of the late frozen-food magnate Wallace McCain said in an email that her family wants to enjoy its privacy.

"Our property has been damaged on a number of occasions. This includes garbage being left on our property, damage to plants and trees and evidence of unsafe fires," she stated in the message.

She sent several photographs showing piles of waste materials, crumpled beer cans in a fireplace and some trees that had been cut down.

Bishop countered that the waste materials include garbage blown in from the sea that was gathered up for the photo.

He acknowledged that a group of teenagers had on previous occasions left trash at a campsite and cut down some trees, but says he and other locals cleaned the area in the past and were preparing to go to police if an incident occurred again.

Amy Johnson, Bishop's fiancée, said in a telephone interview that while McCain has the legal right to keep people off her land, it's the latest example of coastal communities losing easy access to scenic waterfront.

"What's the point of having Crown property if nobody can access it?" she said.

Kevin Clarke, a retired real estate agent who sold McCain her first piece of property in Hacketts Cove, said a land

owner has the right to ask for people to stay off their property.

"If it was a local purchaser ... there wouldn't have been another word said. That would have been the end of it," he said.

However, Collingwood resident Rob Weatherbee said he successfully battled a private landowner to a settlement that he said maintained access to a beach in West Bay, N.S., five years ago — arguing a well-worn path to the sand shouldn't be blocked by a landowner.

"They're shutting them down all over the place ... people come from afar and build a fancy cottage and then they think, 'We don't want anybody else down there making a noise and having a bonfire,'" he said.

THE CANADIAN PRESS

## + 1,800 KM

The issue of access has been debated since a provincial research group released a study in 2001 showing 1,800 kilometres of the province's coastline had been purchased by non-residents.

Advocates for greater controls on the sale of coastal properties have argued that development rules don't take into account the concerns of local residents, but others value the investment in local real estate.



**What's the point of having Crown property if nobody can access it?**

Amy Johnson



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## Clue#4

Evidence suggests the competition's testing from last week failed and they are now trying to figure out the rust durability of the SUPERSTRUCTURE™. Which city in Canada has the highest precipitation?

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\*Canadian residents who have reached the age of majority in their province or territory can enter the contest at [www.hyundaisupersearch.com](http://www.hyundaisupersearch.com) between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at [www.hyundaisupersearch.com](http://www.hyundaisupersearch.com). TM/©The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.



# Charges stayed against indigenous fishermen

## NATIVE RIGHTS

### Rules broken, but Fisheries did not consult band: Judge

A Cape Breton judge has stayed charges against two native fishermen who violated fishing rules for fragile salmon stocks, finding that federal Fisheries failed to properly consult the men's aboriginal band.

Judge Peter Ross said in a lengthy decision that there was no doubt Joseph James Martin and Victor Benjamin Googoo contravened the conditions of the Aboriginal Communal Fishing Licence when they went fishing for salmon in the Middle River in 2007.

Ross writes that the pair were jigging for fish by altering a large hook to pierce the salmon instead of luring the fish



Nova Scotia Supreme Court has ruled on a case involving two men who broke indigenous licence rules. METRO FILE

to take the hook in its mouth.

"There was a flagrant breach of the terms of the licence," he wrote in the 111-page decision released Tuesday in provincial court in Sydney.

"However, the failure to consult about enforcement is sufficiently serious to warrant a stay of proceedings."

The licence which the two were accused of violating spells

out when, where and how indigenous people can fish. But, Ross says Fisheries officers did not indicate to the Waycobah First Nation that the men could be charged, as spelled out in a

native program that resulted from a landmark federal court ruling.

The Aboriginal Fishery Strategy program was the federal government's response in 1993 to the Sparrow court ruling, which recognized indigenous people's right to fish for food, social and ceremonial purposes.

"While DFO was not precluded from laying charges, it was honour-bound to engage in a bona fide consultation before doing so," wrote Ross.

Under the agreement, the band was allowed a certain number of salmon. Ross noted that a limited recreational catch-and-release fishery was in place at the time, with salmon stocks reported to be at dangerously low levels.

"They seemingly broke trust with their own leadership and put in further jeopardy a fish stock already under severe threat," Ross wrote.

THE CANADIAN PRESS

## MURDERED WOMEN

### Apologize, daughter demands

The daughter of a murdered native rights activist wants an apology from the head of the Assembly of First Nations, saying comments Perry Bellegarde made were insensitive to murdered and missing aboriginal women.

Denise Maloney Pictou of Nova Scotia, daughter of Annie Mae Pictou Aquash, says Bellegarde was wrong to suggest Prime Minister Justin Trudeau should ask U.S. President Barack Obama to free imprisoned native activist Leonard Peltier.

Pictou and the Nova Scotia Native Women's Association issued a statement saying U.S. court cases revealed her mother was kidnapped and executed in 1975 by members of the American Indian Movement, which included Peltier. The FBI implied Aquash was killed because AIM leaders thought she was an FBI informant.

Bellegarde made the statement Monday on CBC, saying Peltier was victim of a miscarriage of justice when he was sentenced to life in prison for fatally shooting two FBI agents in South Dakota in 1975.

THE CANADIAN PRESS



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Emily Coolen is a fitness trainer at Dalplex, which has launched a new initiative to help students get into shape while also balancing their moods. DYLAN DESROCHE/METRO

## Helping students help themselves

DALHOUSIE UNIVERSITY

### Pilot project tackles anxiety and depression with exercise

Dylan DesRoche  
For Metro

Life for students is arguably more stressful than ever. As job opportunities dwindle and tuitions rise, some can find it a lot to cope with.

To help these students, Kathie Wheadon of Dalhousie University has started the Active Health Project to find out if exercise can play a role in coping with stress, depression and anxiety.

"There's a lot of research out there today showing the old concept of healthy body, happy mind," said Wheadon,

director of athletics and recreational services at Dalhousie.

The pilot project is a collaborative effort between the university's health and counselling services, and health and human performance students, to help others who live with anxiety and depression.

Students are paired up with one of four Dalplex personal trainers, who are also Dalhousie students. The trainers design a personalized workout

your brain function," said Wheadon.

Students in the program learn how to exercise properly and become healthier, with the hope it will ease the symptoms of depression and anxiety they struggle with everyday.

"For a lot of people the gym is an hour of the day where they don't have to think about school or work and can really focus on themselves," said Emily Coolen, a fourth-year Kin-

last three years and everyday she witnesses the effects of a healthy lifestyle.

"It's a really nice self-care method to prioritize your health and it really does improve your focus and mood quite a bit," said Coolen.

Currently only eight students are involved with the program due to funding and a limited number of trainers, but based on the results it might just grow.

"Funding is becoming tougher; one of the goals of the program is to see if the personal training can satisfy an academic component for some of the kinesiology students," said Wheadon.

This would encourage the university to focus more funds on the program, as it serves two purposes, helping students learn and helping students cope, said Wheadon.

"It definitely strengthens the case," she said.

**"If you are struggling with feelings of anxiety or feelings of depression, chances are you're not the only one in your circle."**

Emily Coolen

routine for the student, aimed at helping them not only get in shape, but to balance their moods as well.

"Science says that if you take care of your body it helps

esiology student at Dalhousie.

Coolen is one of the four trainers from Dalplex who work with students in the program. The 21-year-old has been working as a trainer for the

CONCERT

### Beach Boys head to Truro for Canada Day

The Beach Boys will be in Truro this summer for a Canada Day Bash.

The Beach Boys are led by Mike Love and Bruce Johnston, who along with Scott

Totten, Jeffrey Foskett, Tim Bonhomme, John Cowsill and Brian Eichenberger continue the legacy of the iconic American band.

This tour will not feature

Brian Wilson, Al Jardine or David Marks.

Tickets will go on sale March 17 at 8 a.m. at the RECC Welcome Desk, online at ticketpro.ca, by phoning

1-888-311-9090, or at any Ticketpro outlet, including MacQuarries on the Esplanade and the Marigold Cultural Centre.

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# Trudeau's U.S. visit a trip of firsts

## DIPLOMACY

### PM, family land in Washington ahead of White House dinner

Justin Trudeau's first prime ministerial visit to the United States got underway Wednesday as he stepped off the airplane with his wife and children to begin a trip unique in the recent history of Canada-U.S. relations.

Anticipated announcements on bilateral issues like climate change, next-generation border security and the Arctic are merely one tranche of the story of the three-day trip.

It's also a snapshot in time. The highlight will be the first state dinner for a Canadian in 19 years at a moment where two sympatico progressive leaders hold office and the Canadian one also happens to be unusually well-known here.

The visit has prompted a rare degree of American media attention. A more gushing example was in the tabloid Politico headline, "Justin Fever Hits Washington," followed by a story where a senior White House official admitted having a bit of a crush on the young leader from the north.

It also comes so late in Barack Obama's tenure that one official couldn't say whether or not this state dinner — the 11th of his presidency — might be his final one.

Denison Offutt said there's plenty fertile ground for co-operation on substantive files.

"The leaders are progressive, forward-looking, and have very similar common values and agendas," said Offutt, director for North American affairs.

The prime minister landed at Andrews Air Force Base and emerged alongside his wife Sophie Gregoire-Trudeau and their three children — Xavier, Ella-Grace and Hadrien.

Thursday is the main meeting with President Barack Obama in the morning, followed by meetings with senior members of Congress and the state dinner in the evening. THE CANADIAN PRESS



Justin Trudeau holds his son Hadrien as he steps off the plane. PAUL CHIASSON/THE CANADIAN PRESS



Dessert items are seen during a preview a day before the State Dinner for Canadian Prime Minister Justin Trudeau at the White House on Wednesday in Washington, D.C. AFP/GETTY IMAGES

## ON THE MENU

### 'A wonderful juxtaposition of flavours'

The best of America's spring produce, with a little help from some Canadian whisky, will feature heavily on the menu for the state dinner Thursday night to mark Justin Trudeau's first prime ministerial visit to the U.S.

The first course at the White House will see the Trudeaus and the Obamas dine on Alaskan halibut "casseroles" with cepes, delicate angel hair asparagus, chanterelles, baby onions and lardon and herbed butter. This will be followed by roasted apricot galette with Appalachian cheese, heirloom lettuces and pine nut crisps.

The menu says the state dinner features ingredients from the Pacific Northwest to the Atlantic coast.

"With a mindfulness to the

coming of spring, White House executive chef Cris Comerford and executive pastry chef Susie Morrison will present dishes highlighting elements of the season and the best of America's farms and seas," says the menu.

"One of our canapes is actually a duck poutine," said Comerford as he described Hudson River duck shaved on fries with gravy and cheese. "So it's kind of like a take on a wonderful national dish of Canada."

The vegetables for the first course come from a farm in Ohio and the herbed butter is sourced from Michelle Obama's White House kitchen garden.

The cheese from the second course comes from Galax, Va.

"With sweet and salty, and soft and crunchy, all in one dish, the



The first course of the state dinner in the State Dining Room at the White House. GETTY IMAGES

salad has a wonderful juxtaposition of flavours and textures," says the menu.

The main course consists of a herb-crusted lamb from Colorado, Yukon Gold potato dauphinoise and lightly sautéed spring

vegetables.

"As a finishing touch, the dish is drizzled with Yukon Jack Canadian Whisky," reads the menu.

Dessert continues the spring theme as the chefs plan to serve a maple pecan cake with cocoa nib wafer and butterscotch swirl ice cream. The pecans in the cake are Texan and the maple syrup comes from New England.

Three wines will be served: Pence Chardonnay "Sebastiano" 2013 with the second course, Cliff Lede "High Fidelity" 2012 with the main course and Chateau Chantal Ice Wine 2013 with dessert.

Trudeau's visit marks the 11th state or official visit of Barack Obama's presidency but the first for a Canadian in 19 years.

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## Eclipsed by wonder

People gazed at the sky and cheered while others knelt in prayer as a total eclipse of the sun unfolded over Indonesia Wednesday, briefly plunging cities into darkness and startling wildlife. The rare phenomenon was witnessed along a path that stretched across 12 Indonesian provinces encompassing three time zones and about 40 million people. A partial eclipse was visible in other parts of the archipelago, a swath of Asia and northern Australia. Thousands flocked to Indonesia from abroad and the government, which has been promoting the event for more than a year, forecast a substantial tourism boost. THE ASSOCIATED PRESS; PHOTOS: AFP/GETTY IMAGES

1 The solar eclipse from Banda Aceh, Indonesia.

2 The moon passing in front of the sun during a partial solar eclipse in Manila.

3 Acehnese people watch from Banda Aceh.

# Trump calls for a united front

## REPUBLICAN NOMINATION

### Frontrunner says he'd beat Clinton with party backing

Donald Trump called for Republicans on Wednesday to rally behind his presidential candidacy after he cruised to primary victories in three more states, declaring that he could not be defeated in the November general election as the standard-bearer of a united party.

On the Democrat side, Vermont Sen. Bernie Sanders handed former Secretary of State Hillary Clinton a surprise loss in the industrial state of Michigan, increasing the likelihood that the contest for the party's nomination could stretch into early summer. Clinton, however, crushed Sanders in the southern state of Mississippi, continuing to win a large margin among black voters.

Speaking to MSNBC on Wednesday, Trump said: "If the Republican party unites behind us, nobody can beat us."

But Trump evaded questions about how he would carry out his campaign promises, especially his boast that he would build a wall along the Mexican border to stop illegal immigration and make Mexico pay for it.

He did concede that he is not doing as well with women voters because of the stinging language of his campaign. "I can see women not necessarily liking

the tone (of the campaign), but I had to be very harsh to win," he said of his brutal counterattacks on party elites and fellow candidates, particularly Florida Sen. Marco Rubio and Texas Sen. Ted Cruz.

Trump has won 15 of 24 Republican nominating contests so far, but he must do better to win the nomination. His lead over Cruz grew by only 15 delegates Tuesday because all four states awarded delegates proportionally, so even the second-place finisher got some.

Cruz captured the Idaho primary and Rubio, the favourite of the party establishment, failed to pick up any delegates Tuesday. He needs to win home state Florida next week to stay in the race.

As Trump called for Republican unity, party resistance to his campaign continued. For-

## + DELEGATE TALLY

- **Trump:** at least 446
- **Cruz:** at least 347
- **Rubio:** at least 151
- **Kasich:** at least 54

It takes 1,237 delegates to win the party nomination.

mer Florida Gov. Jeb Bush, who dropped out of the race, planned to meet with Rubio, Cruz and Kasich, but not with Trump.

While Sanders upset Clinton in Michigan, she increased her delegate lead by sweeping Mississippi and is now halfway to the number needed to clinch the nomination. Clinton has accumulated 1,221 delegates and Sanders 571, including superdelegates, who can support whomever they like. THE ASSOCIATED PRESS



Donald Trump called for Republicans to rally behind him after he cruised to primary victories in three more states. GETTY IMAGES

## UNITED STATES

### Lawmakers celebrate raw milk, deny link to illness

Some West Virginia lawmakers and Capitol staffers had a very bad weekend after drinking raw milk to celebrate a law loosening restrictions on the product. Now state health officials are investigating whether the milk was to blame for their fever, vomiting and diarrhea, and weighing allegations the raw-milk party broke the law. So far, health officials say they haven't received medical reports of illnesses related to the dangerous bacteria that can live in raw milk, including Campylobacter, Listeria, Salmonella and E. Coli. The lawmaker involved blames his and other illnesses on an unrelated stomach virus circulating the Capitol.

THE ASSOCIATED PRESS

## GREECE-MACEDONIA

### Refugees still flow into Idomeni camp

Still more refugees were arriving at the overflowing Idomeni camp on the Greek-Macedonian border Wednesday despite the gates being shut following a European Union-Turkey summit and a decision by countries further up the Balkan route to allow through only people with valid EU visas.

Heavy rain increased the misery of up to 14,000 people in the camp, which long ago surpassed capacity, leaving thousands to pitch small tents donated by aid groups in surrounding fields and along railway tracks.

The mood was grim and confused, with many seemingly in denial that this muddy field is where their journey ends, far from the lives they dreamed of in more prosperous European



More than 36,000 migrants are thought to be stuck in Greece. THE ASSOCIATED PRESS

countries such as Germany. "This is horrible, unbelievable, unbearable. There is war in my country, and they are closing the border," said Mahmoud Hassan, a 23-year-old Syrian. "Where are we supposed to go?"

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# Egg farmers pushing back

## CAGE-FREE HENS

### Big restaurant chains shun enriched cages compromise

Some 17,000 hens and one rooster at Roger Pelissero's egg farm in West Lincoln, Ont., live in cages that may be the envy of most other hens in Canada.

The cages, which are about 1.5 metres wide and 3.7 metres long, contain about 60 hens per colony and are outfitted with perches, a scratch pad and two partitioned nesting areas for laying eggs in private.

But as major restaurant chains increasingly promise to dish out eggs solely from hens not confined to cages, they shun enriched caging — a compromise that Pelissero and other Canadian egg farmers hope that hens, farmers and consumers can live with.

Pelissero's hens once lived in battery cages, a type of housing that only offers each bird the living space of about a standard piece of paper. In 2013,



Hens on a free-range farm in Canada. COURTESY WORLD ANIMAL PROTECTION

he upgraded to enriched cages, which allow hens to exhibit more natural behaviours, like dust bathing.

About 90 per cent of hens in Canada currently live in battery cages, according to the Egg Farmers of Canada. The remainder are in enriched

cages, indoor free-run systems or free range.

Pelissero considered shifting to a cage-free alternative but decided against it due to health concerns for his birds and workers, mostly family.

Cage-free housing can mean more dust and ammonia in the

barn because hens aren't completely separated from their litter, said Peter Clarke, chairman of the Egg Farmers of Canada.

People working in free-run set-ups can suffer short-term respiratory problems, found a 2015 study by the Coalition for Sustainable Egg Supply.

## + CONSUMERS

### Grocery stores offer shoppers a choice of eggs

Canadian consumers are egg farmers' No. 1 clients and the grocery stores they shop at still offer a range of choice, including certified organic eggs (which are always free-range) and those from enriched housing. But if public opinion joins the changing corporate tide, Canada's egg farmers may have to reconsider their stance.



ISTOCK

Birds in free-run systems died more frequently, pecked at other hens more aggressively and their keel bones showed more damage than their battery cage counterparts. The hens in free-run systems were also more likely to die of cannibalism. THE CANADIAN PRESS

## COMPUTERS

### Google's AI beats Go champ

Google's computer program AlphaGo defeated its human opponent, South Korean Go champion Lee Sedol, on Wednesday in the first face-off of a historic five-game match.

AlphaGo's victory in the ancient Chinese board game is a breakthrough for artificial intelligence, showing the program developed by Google DeepMind has mastered one of the most creative and complex games ever devised.

Commentators said the match was close, with both AlphaGo and Lee making some mistakes and a result that was unpredictable until near the end.

Lee's loss was a shock to South Koreans and Go fans. The 33-year-old initially was confident of a sweeping victory two weeks ago, but sounded less optimistic a day before the match.

THE ASSOCIATED PRESS



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## BANK OF CANADA

### Key rate stays same ahead of fed budget

The Bank of Canada is sticking with its key interest rate as it awaits billions in economy-boosting measures expected in the federal budget.

The central bank kept its interest rate locked at 0.5 per cent in its scheduled announcement Wednesday.

The bank's decision comes as the federal government in-

sists its March 22 budget will include big-ticket spending to help the economy.

The Bank of Canada specifically acknowledged those federal investments, saying it would evaluate the impact of fiscal stimulus measures in its April 13 quarterly monetary policy report.

THE CANADIAN PRESS

0.5%

The Bank of Canada's current interest rate.

## market minute



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- 2 Rihanna ft. Drake Work
- 1 Zayn Pillow Talk

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## THOMAS WALKOM ON A NEW WAY TO BE NEIGHBOURS



**Canada used to be America's largest trading partner. Now it is not. Foreign oil is not as important to the U.S. as it was a few years ago. These developments have profound implications for Canada.**

Justin Trudeau may be too late. He has travelled to Washington to bolster Canada's special status in the American universe. But that status is no longer quite so special.

Canada used to be America's largest trading partner in goods. Now it is not. Since late last year, that honour has consistently gone to China.

As my colleague Jennifer Wells has pointed out, Mexico — whose trade in goods with the U.S. is growing in leaps and bounds — is well on its way to edging Canada out of the number two spot.

The U.S. still accounts for 49 per cent of foreign direct investment in Canada. But even that figure is down from 54 per cent in 2010.

Canada remains America's largest single source of foreign oil. But thanks to the rapid development of shale oil and gas, foreign petroleum is not as important to the U.S. as it was just a few years ago.

Indeed, for the first time since 1975, the U.S. is exporting oil.

All of these developments have profound implications for Canada as it continues its perennial search for a special relationship with Washington.

That search began in earnest after the Second World War. Britain was no longer the major source of capital for Canada. Attempts to create a British Imperial trade zone

had failed. More to the point, near-bankrupt Britain could no longer protect Canada militarily.

Ottawa turned to Washington. Over time a rough quid pro quo emerged.

sophisticated U.S. multinationals were toying with the idea of integrated production facilities that could serve markets on both sides of the border.

The 1965 Auto Pact was the

southward — often with government help.

In one odd case last year, the Canadian government subsidized the German auto company Volkswagen to help it build a plant in Mexico.

Ottawa's response to the contradictions of NAFTA was to focus on energy — particularly oil. Canada vowed to become America's most reliable source of foreign energy.

That was the economic strategy of Stephen Harper's Conservative government. It foundered on reality of shale oil.

Exactly how Canada is supposed to fit into the U.S. orbit these days is unclear. Washington's attempt to replace NAFTA with the even broader, 12-nation, Trans-Pacific Partnership will erode Canada's special status further.

The Americans no longer covet our oil or electricity. Currently, they have plenty of both. Water may be a different matter. In an era of droughts induced by climate change, the next U.S. president may want to reprise the idea of a continental fresh-water strategy.

By upping the number of military trainers in Iraq and elsewhere, Trudeau has already signalled that Canada is fully onside with Washington's latest war. So that's covered.

Trudeau and U.S. President Barack Obama will make the usual announcements about cross-border trade.

But the big questions still remain: Will we continue to have a unique place in the American economy? Are we still special?

Do they love us? Or have they found someone else?

**Thomas Walkom** is a national columnist for the Toronto Star.



**LOVE STORY?** Whether Canada will hold onto its traditionally special place in the U.S. economy is an open question, Thomas Walkom writes.

THE ASSOCIATED PRESS

Canada would remain open to U.S. investors and act as a reliable partner for America in its Cold War confrontation with the Soviet Union.

To that end Ottawa allowed the U.S. military to set up bases and radar stations in Canada's North. A continental air defence system under U.S. command was also established.

Canada agreed (reluctantly) to take a military role in the war against communism in Korea. It declined to get involved militarily in the war against communism in Vietnam.

Canada welcomed American investment. The U.S. in turn welcomed Canadian raw materials — particularly the uranium needed for nuclear weapons.

Over the years, the terrain changed. By the 1960s, more

first iteration of this trend. The 1989 Canada-U.S. Free Trade Agreement was the culmination.

In all cases though, Ottawa's aim was to deepen a unique relationship between Canada and the U.S. The FTA, for example, was not about free trade in the usual sense. Rather it was designed to ensure that Canadian financiers and raw-material producers continued to have special access to the mighty U.S. market.

But trade deals contain their own logic. Manufacturers searching for low labour costs soon turned their gaze to Mexico. By 1993, the North American Free Trade Agreement had superseded the FTA.

Unlike its predecessor, NAFTA awarded special status not just to Canada but to Mexico. Manufacturing jobs bled

## ROSEMARY WESTWOOD

metroview

## Required reading for all Canadians on doctor-assisted death

We are watching the slow march towards medical-assisted death laws in Canada. But despite a looming June deadline, all is far from settled.

For years, in poll after poll, a wide majority of Canadians have supported physician-assisted death, in a very specific case: When an adult is terminally ill. The results were 67 per cent in 2011, 84 per cent in 2014 (when someone is "suffering and repeatedly asks for help to end their life"), and 77 per cent last August.

Months earlier, the Supreme Court had ruled that competent adults, facing intolerable suffering from an irreparable and grievous medical condition, have a charter right to physician-assisted death.

The Supreme Court decision was succinct, to the point of omission. It did not discuss mental illness, the rights of minors, or advance requests for an assisted death.

It left a joint Senate-Commons committee in a position to recommend detailed laws, and the committee took almost every chance to make them as broad as possible. The mentally ill and minors should be eligible, its report says, and advance requests allowed.

Those recommendations have neither the polls to prove general support from Canadians, nor the explicit foundation of a Supreme Court ruling. Four members wrote a

dissenting report.

And the recommendations also don't have the support of the Canadian Medical Association, which objects to the suggested requirement that physicians "provide an effective referral for the patient."

Catholic leaders, unsurprisingly, also object. In an outraged and at times condescending tone, Cardinal Thomas Collins, Archbishop of Toronto, condemned the committee's report in a letter read at masses on Sunday. "Some people" believe life has no value after a certain point, "since they cannot function as they once did," Collins wrote, and he warned compassion is "a shaky foundation for social policy."

Both statements are misleading. Compassion is not the basis for new laws — the charter is. It is not "some people" who want some kind of assisted-dying law — it is a large majority of Canadians. But Collins perhaps isn't wrong to wonder how many Canadians realize the scope of assisted dying currently on the table.

Which isn't to say the scope is too broad. I don't yet know myself where I stand on the recommendations.

But given the dramatic change upon us, perhaps now is the odd time I'll recommend you read, in full, a 60-page parliamentary report, and prepare yourself for the implications.

**Exactly how Canada is supposed to fit into the U.S. orbit these days is unclear.**

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## Questioning parenting norms



Author Heather Shumaker advocates giving children more freedom to sort out issues like sharing and rough play. iStock

### NEW BOOK

#### Heather Shumaker wants kids to run and yell

Homework? Ban it! Circle time? Not for every kindergartner. Forced sharing? How about letting a kid play with a toy until she's done?

Those are just a few of the ideas that Heather Shumaker advocates as "renegade" in a new book, *It's OK to Go Up the Slide*, an extension of her first parenting guide, *It's OK Not to Share*.

Shumaker is the mom of two boys, ages 11 and 8, in Traverse City, Mich. As a youngster, she was a student where her mother taught for 40 years in Columbus, Ohio, the unorthodox School for Young Children. Free play was encouraged and teachers did things like providing boxing gloves to children to learn how to navigate rough play.

"Children who come out of that program are unusually skilled in conflict mediation and coping with their emotions," says Shumaker, who is 48.

The new book, out in March, extends her outlook from very young children she focused on the first time around through the middle school years.

**Can you talk about the gap between what we, as adults, know about kids and what we actually DO about kids?**

We know a lot more about brain development and the value of play than we ever have before and yet we're kind of doing the opposite. Back when I was a kid, we didn't know much about brain development but we trusted kids more, so we were willing to trust their play. If it involved toy weapons, we were willing to go with it.

Now, we know a lot more about the benefits of free play and how that affects learning, the benefits of big-body play — running around, bicycling, yelling, wrestling, but I think there's a culture of fear.

**How do parents need to re-invent parenting? You say we have to be willing to tip what we know upside down, become renegade parents.**

We accept a lot of parenting

habits as truth, whether it's don't talk to strangers or safety first or do your homework. These are things that we just accept as sacred mantras. These conventions become our habits generation to generation. And yet the more we learn and through some of the research, these are just plain wrong.

**You talk about the importance of parents taking off their "adult lenses." Can you explain what you mean by that?**

We're very good at adult amnesia, forgetting what it's really like to be a kid. So if a kid doesn't do what she's told in the kindergarten circle time, she's labelled as defiant. You know, they're not going to fit into society, they're going to become that loner that causes problems. ... We really leap to a lot of conclusions, but a kid doesn't have to do what the group's doing so long as their actions don't disrupt the group. Adults sometimes need to let kids do what they do.

**You take on a lot of the hot buttons in parenting and education, such as home-**

**work, but tell us what you mean by "renegade sharing," especially in a school setting?**

A lot adults will set a timer, say five minutes and then it's Joey's turn, or just take a toy out of a child's hands and say, you've had this long enough, now be nice and share with your friend. This makes the kid feel rotten. We're doing it to encourage generosity and awareness of others and all those good things but it actually backfires and delays that development of generosity. What you want is for a kid to share when you're not looking, because it feels good and they want to internally. That happens when they have some control and when they feel that rush of good feelings.

Tell them you can play with that as long as you want, until you're done. It protects that right. It works well even with 2-year-olds because it's simple, it's fair, it's easy and the kids get it. Now, kids learn really early to say, she's not sharing, in that whiny voice, and they know that means instant gratification and adults will swoop in.

THE ASSOCIATED PRESS

## 6 MORE BOOKS ABOUT FAMILIES TO CHECK OUT

When family members come together, the results can be explosive. Here are six new reads about family relationships that pack an emotional punch. TORSTAR NEWS SERVICE

### The Good Goodbye

Carla Buckley

Buckley's fourth novel begins when Natalie, a Washington restaurateur, learns her daughter, Arden, and niece, Rory, have been hospitalized following a fire in the college town where they live. Another student is dead. As the arson investigation unfolds, Natalie discovers disturbing facts.



### The Guest Room

Chris Bohjalian

Richard, a mergers and acquisitions guy, agrees to host his younger brother's bachelor party, complete with two strippers and a couple of Russian bodyguards. At the end of the evening, the Russians are dead and the strippers have fled.



### The Three Sisters Bar and Hotel

Katherine Govier

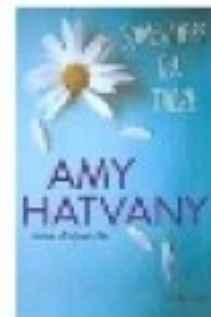
The big question at the heart of this sweeping saga concerns the fate of the Hodgsons — an archeologist, his wife and two adult children — who disappear during an expedition at the beginning of the book.



### Somewhere Out There

Amy Hatvany

In 1980, Jennifer was living in her car with two small daughters, Natalie, 6 months, and Brooke, 4, and pilfering food to feed them. When she is caught and incarcerated, the children are taken from her. The novel picks up the lives of the mother and daughters 35 years later.



### Hurt People

Cote Smith

Cote Smith is a young writer who grew up in Leavenworth, Kan., famous for having "more prisons than restaurants" — a county jail, a juvenile facility, a woman's prison and the most notorious of all, the mile-long federal penitentiary. And it is Leavenworth, in 1988, that is the setting for Smith's debut novel.



### She's Not There

Joy Fielding

Carole and Hunter Shipley's two-year-old daughter, Samantha, vanished 15 years ago from a Mexican hotel room while her parents had dinner in the restaurant downstairs. The novel opens on the anniversary of the disappearance, with Carole dreading the annual onslaught of media attention.





# Police shootings influencing crime genre

## BLACK LIVES MATTER

### Fiction writers taking a page from today's racial tensions

Walter Mosley, best known for *Devil in the Blue Dress* and other novels featuring the black detective Easy Rawlins says he has been working on a new book. It's about a former New York City policeman investigating the shooting of two officers by a black man. The investigator then learns that the officers had tried to kill the man first.

"In the end he realizes that he has to come to some kind of understanding about how

the system works, that his own sense of law and justice is never going to work for him," says Mosley, who is calling the novel *Detective, Heal Thyself*.

The wave of police violence that helped launch the Black Lives Matter movement is also influencing a genre that captured tensions between police and non-white communities well before the rise of social media and cellphone videos.

Publishers and writers say that story lines known to readers of Mosley, Eleanor Taylor Bland or Gary Phillips, will likely become more common and intense.

"This particular issue has long and faithfully been represented in crime fiction," said Joshua Kendall, editor-in-chief

of the crime fiction imprint Mulholland Books.

"It's simply that much of the fiction has been overlooked, just as the actual rate of abuse overlooked by media until now. That said, we need and want more fiction about it. The curiosity, concern and appetite seem to have finally grown."

But crime fiction is no more diverse than much of the book world and, at least in the near future, many narratives that take on race will likely come from white authors such as David Baldacci, Ben Winters and Trudy Nan Boyce. Baldacci's novel *The Last Mile*, scheduled for April, tells of a black man on death row and the likelihood he was wrongly convicted.

Kendall is, however, trying to change the visibility of black writers. He has agreed to a multi-book deal with Attica Locke and says he is looking to sign up other black writers.

Phillips, who set his 1994 novel *Violent Spring* in the aftermath of the Los Angeles police beating of Rodney King, said he was hoping

that younger authors such as Aaron Philip Clark and Desiree Zamorano would tell stories reflecting more recent events.

"The old days of the PI with just a file and an address and a sexy secretary are long dead," said the 60-year-old author.

"Back in the 1980s and '90s writers like me and Walter Mosley and Paula Woods pushed the envelope forward and looked at different issues. I think the younger folks will do even better pushing it forward more. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses."

"Everyone knows of Walter Mosley, and there have been other excellent black crime writers published in recent years, such as Paula Woods," says Mark Tavani, vice-president and executive editor of G.P. Putnam's Sons.

"But in my experience these writers are a small percentage of those I see. As the larger discussion about race and justice engages more people, I can see that changing." THE ASSOCIATED PRESS

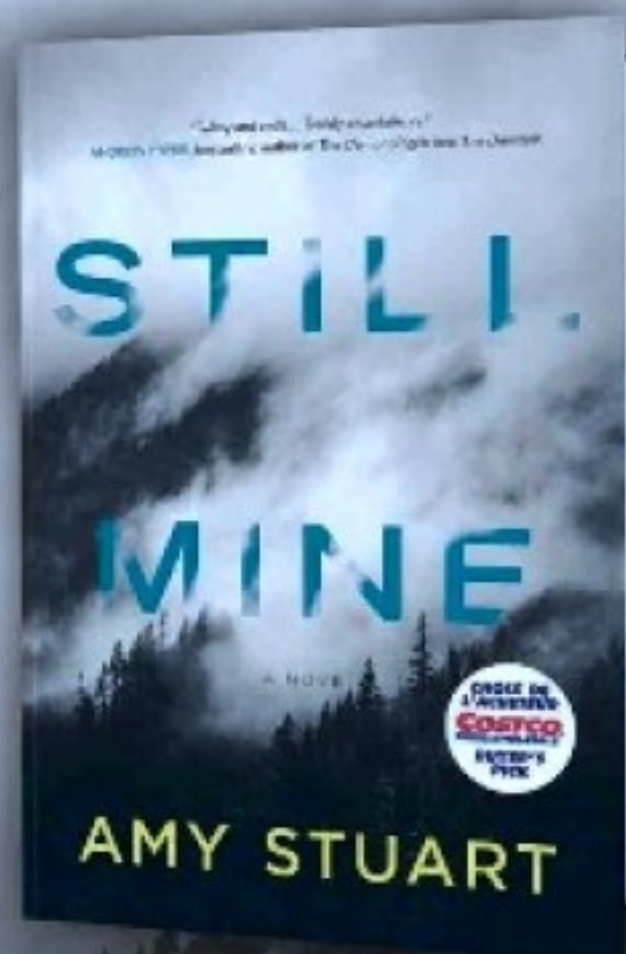


**Devil in the Blue Dress** author Walter Mosley's latest novel centres around racism and the justice system. RICK MAIMAN/THE ASSOCIATED PRESS

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## Direct access to McCabe Lake



INDIGO SHORES

CONTRIBUTED

### Project overview

The first phase of Indigo Shores is now complete and single-family homes are under construction in this high-end community with direct access to McCabe Lake in Middle Sackville. The entire subdivision will eventually boast more than 450 homes nestled in the woods.

### Housing amenities

Homeowners can purchase a lot and use their own home builder, or use one of Indigo Shores' building partners. Options for lots — which are at least an acre — are lakefront, riverfront (Sackville River), road front and on private lanes.

### Location and transit

Indigo Shores is located off Highway 101 at the Margeson Drive extension, with the entrance at Magenta Drive. A transit park and ride is planned for Margeson Drive, across from the Indigo Shores entrance.

### In the neighbourhood

McCabe Lake is perfect for water skiing, swimming, canoeing and kayaking. Indigo Shores will feature community lake access with boardwalks, canoe/kayak launch and a children's play area. The developers are also working with HRM to develop a commercial plaza nearby.

### + NEED TO KNOW

**What:** Indigo Shores  
**Builder:** Stonewater Homes, Homes by Highgate, Skymark Homes  
**Developer:** Armco Communities  
**Location:** Highway 101 — New Exit 2A — Margeson Drive extension, entrance at Magenta Drive  
**Houses:** Custom built single-

family homes  
**Pricing:** Homes from \$400,000, lots from \$95,000  
**Status:** Phase one now open, phase two open spring 2016.  
**Sales centre:** Lot 116 — McCabe Lake Drive. Lakefront Sales Centre will open June 2016.  
**Phone and web site:** 902-422-1402, indigoshores.ca

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7	4	1	9	3	5	2	8	6
9	5	3	8	2	6	1	4	7
3	2	4	7	5	9	6	1	8
1	9	5	2	6	8	7	3	4
8	7	6	3	1	4	5	9	2
5	1	7	6	8	3	4	2	9
6	3	9	5	4	2	8	7	1
4	8	2	1	9	7	3	6	5

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The Toronto Maple Leafs will host the Detroit Red Wings in the Centennial Classic outdoors at BMO Field in Toronto on Jan. 1, 2017

## Hurricanes get their bounce back vs. Miracles

NBL CANADA

**Atlantic leaders improve to 15-7 on the season**



**Kristen Lipscombe**  
Metro | Halifax

The Halifax Hurricanes "bounced back" Wednesday night to snap a two-game losing streak defeating the Moncton Miracles 97-89 to remain atop the Atlantic Division standings.

But the Miracles kept the score close from tip-off to final buzzer with the Hurricanes leading 49-41 at halftime before being outscored by Moncton in the third quarter keeping the home team on their defensive toes in front of a small but passionate crowd at the Scotiabank Centre.

"It was a big, big win for us tonight," six-foot-eight forward Billy White said after the game, the first of two in two days for the Hurricanes. "So we needed

this."

White put up 19 points and pulled down nine rebounds in Wednesday's win which boosts the Hurricanes' record to 15-7 on the regular season.

"We bounced back, and are getting our heads together to start the second half of the season," White, a 27-year-old from Las Vegas, said.

"We have a tough one for tomorrow — Saint John."

The Hurricanes take on the Saint John Mill Rats, against whom they've lost five of six meetings, on Thursday night back at the Scotiabank Centre.

Also stepping up for the Canes Wednesday was guard Justin Johnson, who had a team-leading 31 points with perfect 12-for-12 shooting from the foul line to go with six rebounds.

"We were focused from the beginning," said Johnson who felt the Canes came together in the absence of guard Shane Gibson who was sidelined due to illness.

"We ... played together as a team," the 27-year-old from El Segundo, Calif., said while taking a break from signing autographs for young Hurricanes fans.

"We're playing for each other, focusing more on the defensive end, and just helping each other out."

"Offensively, we're just making a conscious effort of sharing



Hurricanes guard Justin Johnson looks for a quick pass in the offensive end against the Moncton Miracles on Wednesday night at the Scotiabank Centre. KRISTEN LIPSCOMBE/METRO

the ball," he added.

Forward Anthony Criswell scored 11 points and centre Kyle Hunt notched 10 points for Halifax.

Guard Tydran Beaty sank 26 points and snagged eight boards

while guard James Justice put up 21 points and guard Dexter Strickland notched 11 points for Moncton.

The Hurricanes have 18 regular-season games left and hope to make a run for the National

Basketball League of Canada Championship.

"We just have to go back to our basketball," White said.

"I think we're doing a pretty good job.... We don't take any of this for granted."

### IN BRIEF

#### Leafs final back in the wins

The Maple Leafs avoided their longest losing streak of the season on Thursday night, rallying from a late deficit in regulation before winning in a shootout.

William Nylander scored the game-tying goal with less than two minutes remaining in regulation before fellow rookie Nikita Soshnikov gave the Leafs a 4-3 victory over the New York Islanders in the shootout. It was only the club's sixth win in the past 28 games (6-18-4) and snapped a string of five straight defeats by a goal.

THE CANADIAN PRESS

#### Brock leaves Broncos with a QB problem

The Houston Texans have filled their biggest need, starting free agency with a splash by snagging Brock Osweiler from Denver.

The free agent quarterback agreed to multiyear contract with the team on Wednesday.

The Broncos hoped to keep Osweiler in the wake of Peyton Manning's retirement on Monday.

THE ASSOCIATED PRESS

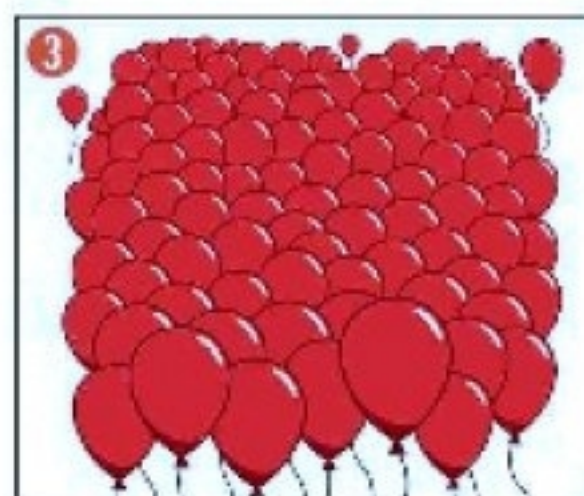


Brock Osweiler GETTY IMAGES

### TONIGHT

Thursday night's tip-off against the Saint John Mill Rats is 7 p.m. at the Scotiabank Centre.

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ANSWERS: 1. AMERICAN WOMAN 2. STAIRWAY TO HEAVEN 3. RED BALLOONS





Zlatan Ibrahimovic of PSG scores his team's second goal past goalkeeper Thibaut Courtois of Chelsea. MIKE HEWITT/GETTY IMAGES

## PSG charge into last 8

### CHAMPIONS LEAGUE

### Chelsea get deja vu by falling to Paris for 2nd year running

Zlatan Ibrahimovic demonstrated his enduring attacking threat Wednesday by steering Paris Saint-Germain into the Champions League quarter-finals with a goal and an assist in a 2-1 victory at Chelsea.

By replicating the first-leg triumph in the French capital last month, PSG eliminated Chelsea for the second successive season in the round of 16 but it is far more damaging for the London club this time.

Languishing in 10th place in the Premier League after a feeble title defence, Chelsea will almost certainly be out of the Champions League next season for the first time since Russian billionaire Roman Abramovich bought the club in 2003.

Although Chelsea conceded in the 16th minute when Ibrahimovic's cross was turned in by Adrien Rabiot, Diego Costa levelled 11 minutes later on his return from injury. But Costa was forced off injured on the

hour and Ibrahimovic was left unmarked to tap in PSG's winner seven minutes later.

For the 34-year-old Sweden striker it was a timely goal with his PSG contract expiring at the end of the season while still — like his club — chasing a first Champions League title.

Chelsea's only success in Europe's elite competition came during the interim reign of Roberto Di Matteo in 2012. Four years on, Guus Hiddink has failed in the primary task of his stop-gap spell in the Chelsea dugout, with only the FA Cup now to play for.

This was a dour final Champions League night at Stamford Bridge, which is to be rebuilt from 2017, forcing Chelsea off the site until the next decade.

England's Champions League hopes now rest with Manchester City, which leads Dynamo Kyiv 3-1 and Arsenal, which trails Barcelona 2-0 in the round of 16 ahead of next week's second legs.

In Wednesday's other game, Benfica beat Zenit St. Petersburg 2-1 to advance 3-1 on aggregate, joining Real Madrid and Wolfsburg who won on Tuesday. The remaining quarter-finalists are determined next week.

THE ASSOCIATED PRESS

### NFL

## High praise for concussion hemp treatment

Former Chicago Bears quarterback Jim McMahon calls himself "old school," including his use of marijuana both during and after his career.

Yet McMahon's stab at self-medicating could be ahead of its time. Researchers at Johns Hopkins plan to test whether a compound found in hemp — and its notorious cousin, cannabis — proves as effective in treating brain injuries as testimonials claim.

Some former players believe cannabidiol, or CBD, could help millions who suffer brain injuries each year, including chronic traumatic encephalopathy, a degenerative disease caused by repeated concussions and found in many former NFL players whose brains have been autopsied.

"I don't think any of us regret what we did," said Jake Plummer, who played 10 seasons before retiring in 2007.

"But there's no question it comes at a real cost."

Along with a handful of other retired players, Plummer felt strongly enough about the benefits of using CBD to appear in a public-service campaign titled "When the Bright Lights Fade." It was sponsored by Realm of Caring, a non-profit research organization and CW Botanicals, a dietary supplements company specializing in hemp products. It was

released Wednesday as part of National Brain Injury Awareness month with the goal of raising \$100,000 to begin the Johns Hopkins study.

"I've had friends, guys I played alongside, whose mood changed from night to day. I know others who've replaced hellacious amounts of painkillers with CBD ... and I hope this gets even more guys involved," Plummer said.

THE ASSOCIATED PRESS

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**Hockey Life**

### IN BRIEF

#### Kane rape allegation unfounded, says the NHL

The NHL ruled that an off-season rape allegation made against Patrick Kane was unfounded in determining that the Chicago Blackhawks star forward will not face any league disciplinary action.

The decision was issued on Wednesday, when

the league issued a one-paragraph statement announcing it had completed its independent review of the allegations against Kane. The final step of the investigation occurred on Monday, when Kane met with NHL commissioner Gary Bettman in New York.

THE ASSOCIATED PRESS

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## Crossword



## + OMG: IKEA'S BILLIONAIRE FOUNDER A FAN OF FLEA MARKETS

Frugal billionaire Ingvar Kamprad, founder of Ikea, buys his clothes at flea markets to save money, he said in a documentary to be broadcast Wednesday on Swedish television.

Kamprad, who turns 90 on March 30, has a reputation for penny-pinching, which he claims helped Ikea to become one of the world's top brand names.

"I don't think I'm wearing anything that wasn't bought at a flea market. It means that I want to set a good example," he told Swedish channel TV4, according

to business daily Dagens Industri which viewed the documentary.

"It's in the nature of Smaland to be thrifty," he said, referring to Sweden's southern agricultural region where he comes from.

Kamprad is estimated to have an accumulated fortune of about 610 billion kronor (about 65.5 billion euros, \$96.6 billion CAD), according to recent Swedish media reports. But it is difficult to separate what belongs to him, what belongs to his children and what is held in a family foundation in one of

Europe's most infamous tax havens, Liechtenstein.

In 2006, the American business magazine Forbes listed him as the fourth richest person in the world.

Kamprad's modest spending habits have made headlines over the years. In 2008, he told newspaper Sydsvenskan that a 22-euro bill in the Netherlands had broken his barbering budget.

"Normally, I try to get my hair cut when I'm in a developing country. Last time it was in Vietnam," Kamprad explained. AFP

## ACROSS

1. The \_\_\_\_ Never Stops
4. When your ex-boyfriend has intimate photos of you
5. When you send your ex-boyfriend to jail for blackmail
6. When your ex-boyfriend gets out of jail

## DOWN

2. When your brother gets your ex-boyfriend fired
3. When your ex-boyfriend comes for revenge
4. Weeknights at 7:30/8NT on CBC

## \* IT'S ALL IN THE STARS by Sally Brompton

## ♈ Aries March 21 - April 20

Life may be challenging but you can make things easier on yourself by not taking it too seriously. Look at the bigger picture: one hundred years from now what will any of it matter?

## ♉ Taurus April 21 - May 21

The Sun in the friendship area of your chart urges you to get together with people who share your outlook on life. You'll have fun and find ways to make the world a better place.

## ♊ Gemini May 22 - June 21

Some Geminis are ambitious and some are not but all Geminis like to be noticed. Today will give you the opportunity to step into the spotlight. Unveil your special talent and put on a show.

## ♋ Cancer June 22 - July 23

If you feel stuck in the same old place, with the same old people, doing the same old things then it's time to break free. A vacation is a good idea, but if you cannot travel right now you can start making plans.

## ♌ Leo July 24 - Aug. 23

What matters most to you in life? Is it money? Success? Creative fulfillment? Whatever the answer to that question may be you have to make it central to what you are doing.

## ♍ Virgo Aug. 24 - Sept. 23

Look back over the past six months at the progress you've made. Most likely you've come a long way but there is still further to go before your aims. Keep striding.

## ♎ Libra Sept. 24 - Oct. 23

With the Sun moving through the wellbeing area of your chart you need to slow down. If your body is giving you signals that it could use a rest you must heed the warning.

## ♏ Scorpio Oct. 24 - Nov. 22

There's a spring in your step and a smile on your face. Recent events may have been tough but everything is coming easy to you now. There's no limit to how far you can go.

## ♐ Sagittarius Nov. 23 - Dec. 21

You like to keep your standards high but sometimes you can expect too much of yourself. Today's cosmic influences suggest that you need to let go of unrealistic expectations, both of yourself and others.

## ♑ Capricorn Dec. 22 - Jan. 20

Think positive and believe that everything will work out for the best — and it will. Nothing is so bad that it cannot be improved by the way you choose to deal with it.

## ♒ Aquarius Jan. 21 - Feb. 19

Life moves in cycles and the cycle you are going through at the moment may be a bit disruptive, but it's really no big deal. You have handled far bigger challenges in the past and will do so again in the future.

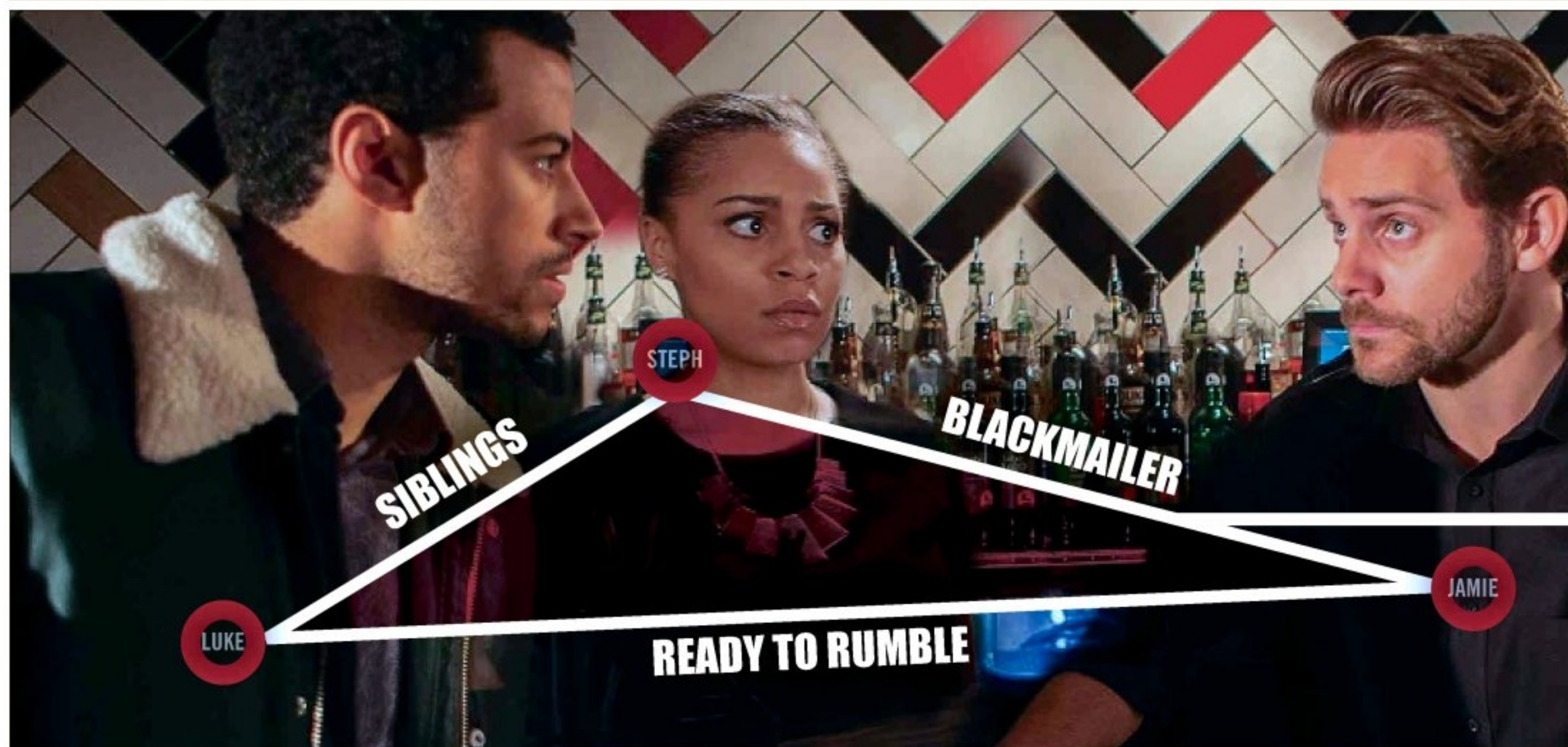
## ♓ Pisces Feb. 20 - March 20

The positive effects of yesterday's eclipse will linger for a few days, so get out and show the world what you can do. By the end of the week you'll look, feel and act like a new person.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	7	8					
						3		
		4			9			8
			2			1		4
3				4				7
6		9			1			
8			7			3		
	5							
					2	8	9	





# RECIPE Fancy Tuna Wrap



**Ceri Marsh & Laura Keogh**  
For Metro Canada

- 1 carrot, grated
- 1/2 avocado, sliced

## Directions

1. In a bowl, mix tuna, celery, tomatoes and mayonnaise.
2. Lay your tortillas on a work surface. Spoon a stripe of tuna mixture down the middle of each tortilla. Now lay down a strip of the grated carrot, right next to the tuna. Place slices of avocado right next to the carrot.
3. Wrap one side of the tortilla over the other. Now tuck in the sides and keep rolling so everything is snugly inside.
4. Slice the tortilla in half and serves with a side of mixed greens.

FOR MORE MEAL IDEAS, VISIT  
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**Ready in**  
Prep time: 5 minutes  
Total time: 10 minutes  
**Serves 2**

## Ingredients

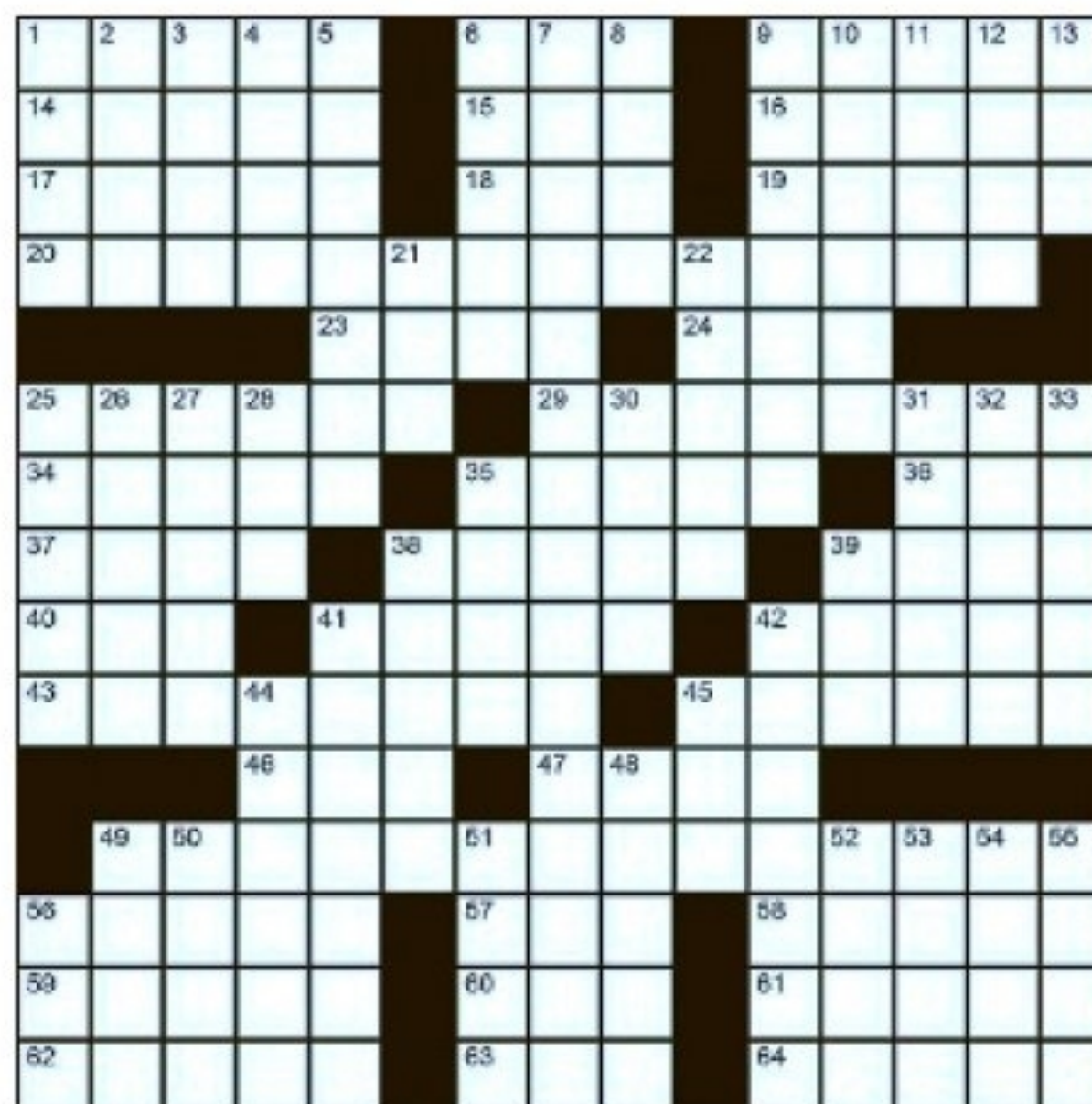
- 1 can tuna, packed in water (5 oz)
- 1 stem of celery, chopped fine
- 3 or 4 cherry tomatoes, chopped
- 1 or 2 Tbsp mayonnaise
- 2 tortillas

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. D-Day beach
6. Mel's Diner waitress
9. "Rock You" Canadian hard rock band
14. Cheque recipient
15. Knock
16. Architectural arch
17. Domains
18. Goat's hair garment
19. Monsters
20. Cartoon series for one-sibling-born-in-Canada production company Warner Bros.: 2 wds.
23. Happy dance
24. Giant's ickypoo cry!
25. Canadian Awards (Sunday, March 13th, 2016 on CBC)
29. Emergency transport at sea
34. Checkmate game
35. Celebrations
36. Seven, fancy-style
37. Bewitched
38. Wishful person
39. Faxed
40. Operate
41. Barbarians
42. Infectious
43. Operatic singing style: 2 wds.
45. Spunk
46. Amer. currency
47. Swerve
49. Ferociously-spinning creature on



- #20-Across: 2 wds.
56. Mediterranean island
57. HS subject
58. Sphere
59. Not at all pleased
60. Mr. Frehley of Kiss

61. Mr. Macdonald, and namesakes (Host of #25-Across)
62. Polynesian language
63. 'P' in MPH
64. Musical qualities

## DOWN

1. Canned meat
2. 'Soft' suffix (Computer-user's purchase)
3. \_ and terminator
4. Bring up
5. Gowan hit: "Moonlight \_"

6. Entrap
7. Quebec's nickname: 3 mots
8. Gem of Australia
9. They have drawstrings whilst basic sweatshirts don't
10. Yolk/shelly more-y

11. Read: French
12. Burl of "East of Eden" (1955)
13. Letters like the last letter of #9-Across' answer
21. Verse-writer's 'dusk'
22. Bid
25. Scour
26. Comic actor Chevy
27. Force back
28. "C" \_ la vie!"
30. 'Favour' suffixes
31. Deflect
32. Important exam
33. Deed
35. \_ the bill
38. Auto company
39. Obedience training basic command
41. Long-grain rice variety
42. Rich in vegetation
44. 'Last Stand' commander at the Battle of Little Bighorn
45. Guys
48. Enthusiastic
49. Spanish appetizer
50. Moreover
51. \_ tide
52. Slangy suffix to 'Stink'
53. Celebrity decorator Mr. Yip
54. "I've Got the Music \_" by The Kiki Dee Band
55. Miss, in Glasgow
56. Silent



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WEEKNIGHTS  
7:30/8NT



THE  
DRAMA  
NEVER STOPS





**Adrienne Arsenaault** for The National



**Susan Ormiston** for The National



# Investigates



**Connie Walker** for CBC News



**Mark Kelley** for the fifth estate